

# **Manchester Carers Forum**



## **Harrogate Supporting Information**

**MCF have organised a 2 night carers group break to Harrogate. We will be staying at the *Best Western Cedar Court Hotel* which is situated in the heart of the city. The break includes accommodation on a dinner, bed & breakfast basis**

**Please note that the closing date for applications is the 19th February 2010**

## **Guidance Notes for Completing the Application Form.**

**Please ensure that all completed application forms are returned to the MCF office by the close of business on Friday 19th February 2010.**

**We hope to inform successful applicants a few days after this date to allow plenty of time for carers to organise any potential respite care while they are in Harrogate.**

**For an application to be considered it is vitaly important that all sections are completed as accurately as possible . Any uncompleted or unsigned forms will be returned to the sender.**

**If any applicants would like help or assistance when completing the form please contact the office and speak with a staff member for guidance.**



**The MCF staff will select successful applicants by using a strict points-scoring criteria that is based on how long it is since a carer last had a break, how this break was financed and how long the carer has been caring. This criteria may be more relaxed when filling last minute places.**

**For further clarification please do not hesitate to contact the MCF Office.**

## **The Best Western Cedar Court Hotel.**

**The Best Western Cedar Court Hotel is Harrogate's first purpose built hotel dating back to 1671. It was completely refurbished and re-opened in 1999 and it is now a unique Grade II listed building with bags of character and all the modern facilities expected of a Four Star hotel. The spacious lounge and bar is the perfect location to relax with friends and family before dining in the fantastic Brasserie Restaurant. Unlike most hotel restaurants, the Brasserie Restaurant serves outstanding cuisine at very reasonable prices and is already becoming one of the most talked about restaurants in Harrogate. All of the 100 bedrooms offer full en-suite facilities, a welcome refreshment tray, colour television, trouser press, hair-dryer and telephone. The hotel also provides more than ample FREE car parking. The Cedar Court Hotel is also ideally located for most guests as it is just a few minutes walk from the town centre yet offers peace and tranquillity for all residents as the hotel overlooks the towns Stray parkland.**



**Best Western Cedar Court Hotel Harrogate  
Park Parade, off Knaresborough Road  
Harrogate, HG1 5AH  
Tel: 01423 858585 Fax: 01423 504950  
customerservices@bestwestern.co.uk**

## **Harrogate Tourist Information & Places of Interest**

**Montpellier Quarter:** Harrogate's Best Kept Secret! Montpellier Quarter is home to an array of exclusive shops, pavement cafes, bars and award-winning restaurants. The whole of Harrogate is encapsulated within the Montpellier Quarter, making it the ideal day out.

**Hoopers Department Store:** Hoopers offer a contemporary shopping experience with an emphasis on service. With 4 floors full of the widest range of brands in town, Hoopers has everything from Cosmetics to Cookware, Fashion to Lingerie, Handbags and Accessories. Visit the Restaurant to experience a mouth-watering selection of host dishes and light bites.

**Harrogate Turkish Baths & Health Spa:** Set in the UK's most popular Spa Town, visit the Turkish Baths and Spa to unwind your mind and invigorate your b4ody. With friends, loved ones or on your own, a visit to our Baths is a small slice of heaven. Choose from any number of luxury treatments or just spend time unwinding in the beautiful steam rooms and feel the stresses and strains of life just melt away. To discuss your perfect trip, call us on **01423 556746** to speak to our reservation team

**The Mercer Art Gallery:** Home to Harrogate district's fine art collection consisting of some 2000 works of art, although the collection is not on permanent display. Paintings, prints and drawings are featured in the lively and diverse exhibition programme throughout the year.

**RHS Royal Horticultural Society Garden at Harlow Carr:** One of Yorkshire's most relaxing yet inspiring locations at the gateway to the Yorkshire Dales! Wander through tranquil surroundings and find inspiration in the innovative and dramatic rose Revolution and Main borders. Stroll along the Streamside Garden and explore Gardens through Time. Savour the Scented Garden and take practical ideas from the extensive Kitchen Garden. Year-round events for all the family - sculpture, outdoor theatre, guided walks, quiz trails, workshops and free demonstrations. Visit the extensive RHS Shop & Plant Centre and linger over delicious goodies in Betty's Café Tea Rooms. In all, a truly surprising and entertaining day out!

**Royal Pump Room Museum:** Visit the strongest sulphur wells in Europe, where over 15,000 people used to come every summer. Don't forget to taste the water for yourself, it's an unforgettable experience. You can also discover Harrogate's connection to Russian royalty and what politicians and famous writers of the 19th and 20th century thought of their visits. Charles Dickens described Harrogate as the queerest place with the strangest people leading the oddest lives.

**IF YOU HAVE ANY QUERIES OR WOULD LIKE  
ADDITIONAL INFORMATION PLEASE DO NOT  
HESITATE TO CONTACT RICK AT THE  
MANCHESTER CARERS FORUM OFFICE.**

**MANCHESTER CARERS FORUM  
SWAN BUILDINGS  
20 SWAN STREET  
MANCHESTER  
M4 5JW**

**TEL: 0161-819-2226 Fax: 0161-819-2227  
rick@manchestercarersforum.org.uk**